



# THIS WEEK'S MENU

## WEEK COMMENCING 19 MARCH 2018



KALE  
WHAT'S IN SEASON!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	CHICKEN POTATO TOPPED PIE	CLASSIC BEEF CHILLI SERVED WITH NACHOS	ROAST TURKEY WITH SAGE & ONION STUFFING	NEW YORK STYLE HOT DOGS WITH FRIED ONIONS	OVEN BAKED FISH FINGERS
VEGETARIAN	LEEK, MUSHROOM & LENTIL PIE	QUORN CHILLI SERVED WITH NACHOS	ROASTED VEGETABLE COUSCOUS	NEW YORK STYLE VEGETARIAN HOT DOG	SPANISH OMELETTE
POTATOES/RICE/PASTA		STEAMED RICE	ROAST POTATOES	BAKED POTATO WEDGES	STEAK CUT CHIPS
VEGETABLES	PEAS & CARROTS	BROCCOLI	KALE & CAULIFLOWER	SWEETCORN	GARDEN PEAS & MUSHY PEAS
JACKET POTATO	JACKET POTATOES SERVED WITH A CHOICE OF TUNA, CHEESE & HOT JACKET FILLING OF THE DAY				
SALAD BAR	A SELECTION OF SEASONAL SALADS AVAILABLE ON THE JACKET POTATO BAR				
FRUIT	DAILY SELECTION OF YOGHURT, FRESH SLICED FRUITS OR CHEESE & BISCUITS				
DESSERT	SPARKLE SPONGE	MUDDY PUDDLES	KALE & BANANA MUFFINS	BANANA & CUSTARD	COOKIE & SHORTBREAD SELECTION